

## AAMAL BETWEEN DAWN (FAJR) & SUNRISE

The time between dawn (fajr) and sunrise is one of the blessed hours. Many traditions that are reported from the Ahl al-Bayt (a.s.) have revealed the merits of this hour and encouraged on mentioning Almighty Allah, glorifying Him, and worshipping Him at this very time, which has been called by some narrations as the time of inadvertence.

In this respect, Imam al-Baqir (a.s.) is reported to have said, "Iblis (Satan), may Allah's curses be poured on him, distributes his troops at sunset and sunrise. Therefore, mention Allah, the Almighty and Majestic, at these two times more than any other time. Seek Allah's protection against the evils of Iblis and his troops, and seek Him to protect your children against Satan at these two times in particular, because these two times are times of inadvertence."

It is worth mentioning that to sleep at this time is discommended. In this regard, Imam al-Baqir (a.s.) is also reported to have said, "Sleeping at the pre-sunrise hour is ill-omened; it dismisses sustenance and makes the face seem pale and lose its color. It is the sleep of all ill-omened ones. Verily, Allah the All-exalted distributes sustenance in the time between dawn (fajr) and sunrise; therefore, beware of sleeping (at this time)."

Shaykh al-Tusi, in Misbah al-Mutahajjid, has mention the following supplicatory prayer to be said at the crack of dawn (fajr):

اللَّهُمَّ أَنْتَ صَاحِبُنَا فَصَلِّ عَلَيَّ مُحَمَّدٍ وَآلِهِ وَأَفْضَلُ عَلَيْنَا  
 اللَّهُمَّ بِنِعْمَتِكَ تَتِمَّ الصَّالِحَاتُ فَصَلِّ عَلَيَّ مُحَمَّدٍ وَآلِهِ  
 وَآتِنَاهَا عَلَيْنَا عَائِدًا بِاللَّهِ مِنَ النَّارِ عَائِدًا بِاللَّهِ مِنَ النَّارِ  
 عَائِدًا بِاللَّهِ مِنَ النَّارِ-

The following supplicatory prayer may be said thereafter:

يَا فَالِقَهُ مِنْ حَيْثُ لَا أَرَى وَمُخْرِجَهُ مِنْ حَيْثُ أَرَى صَلِّ  
 عَلَيَّ مُحَمَّدٍ وَآلِهِ وَاجْعَلْ أَوَّلَ يَوْمِنَا هَذَا صَلَاحًا وَأَوْسَطَهُ  
 فَلَاحًا وَأَخِرَهُ نَجَاحًا-

The following supplicatory prayer may be repeated ten times after that:

اللَّهُمَّ إِنِّي أَشْهَدُكَ أَنَّهُ مَا أَصْبَحَ بِي مِنْ نِعْمَةٍ أَوْ عَافِيَةٍ فِي  
 دِينٍ أَوْ دُنْيَا فَمِنْكَ وَحَدِّكَ لَا شَرِيكَ لَكَ لَكَ الْحَمْدُ وَلَكَ  
 الشُّكْرُ بِهَا عَلَيَّ حَتَّى تَرْضَى وَبَعْدَ الرِّضَا-

Except for these supplicatory prayers, numerous supplicatory prayers have been reported to be said at this hour. However, the most favorable of these are the following statements that have been expressed in a tradition as al-Baqiyat al-salihah (The ever-abiding, good deeds):

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ-

It is also recommended to say the following:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ  
يُحْيِي وَيُمِيتُ وَيُبَيِّتُ وَيُحْيِي وَهُوَ حَيٌّ لَا يَمُوتُ بِيَدِهِ  
الْخَيْرُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ-

Once you hear the call to the dawn (fajr) Prayer (i.e. adhan), you may say the following:

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِاقْتِبَالِ نَهَارِكَ وَإِدْبَارِ لَيْلِكَ وَحُضُورِ  
صَلَوَاتِكَ وَأَصْوَاتِ دُعَائِكَ وَتَسْبِيحِ مَلَائِكَتِكَ أَنْ تُصَلِّيَ  
عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ وَأَنْ تَتُوبَ عَلَيَّ إِنَّكَ أَنْتَ التَّوَّابُ  
الرَّحِيمُ-